



# Lincoln Vet Center & Mobile Vet Center



Hours of Operations Mondays

## Location

UNL MVSC.  
Lincoln, NE

**Time: 2:00pm-4:00pm**

## Groups

**Guitars for Vets**  
Yoga, Resume Workshops,  
Claims Assistance workshops  
from VSO's  
Available Upon request

## ***Services Available***

*Cost-Free, Confidential Counseling for:*

- *Individual and group counseling for Veterans, Service Members, and their families.*
  - *Family counseling for military related issues, Bereavement counseling.*
- *Outreach and education,, Communities Resources and referrals, Employment assessment and referral, VBA benefits explanation including referrals.*
  - *Military Sexual Trauma Therapy*



Questions call the Department of Veteran Affairs Vet Center Lincoln Team  
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