



Military & Veteran Success Center

April 2017

Lunch & Learn

Thursday April 6, 2017 11am-2pm



Please join us for a FREE Lunch in the Military & Veteran Success Center as we host Defense Intelligence Agency for the final lunch and learn for the academic year. For more information, visit our website: vetsuccess.unl.edu

Extended Hours

During Dead-Week: April 24 - 28, the Military & Veteran Success Center will be open for student use from 8am-8pm.

** Snacks and Beverages **

Math & Chemistry Tutors Wanted \$\$

The MVSC is planning to hire a Math & Chemistry tutor to be available for our student veterans in the MVSC, starting in August 2017. If you are interested and possess excellent math & chemistry skills—please ask Deb or Darrell

e-mail : vetsuccess@unl.edu

Study Tips for Finals

- Say **NO** to **cramming** and try studying in intervals. Studying in 20-50 minute increments and giving yourself 5-10 minutes in between is proven to work!
- Say **YES** to cardio and **exercise**. Science says just 20mins of cardio can help improve your memory, increase your energy and reduce the effects of stress!
- **Find** alternate **study spaces**. Simply alternating rooms where you study can help a person improve retention; try the library, a study room, coffee house?
- **Create study** and homework **groups** - help each other through discussion groups that create answers to questions for better understanding.
- **Minimize** Distractions (phones & social media) **Maximize** practice - testing.

April Events

SVO Meetings every Thur. at 7pm at the Nebraska Union Rm. 345

- **Apr 6** - Lunch & Learn: Defense Intelligence Agency @ 11:30am MVSC
- **Apr 7** - Last day to withdraw from classes
- **Apr 15** - Spring Red/White Football Game: Lincoln Memorial Stadium @ 1:00pm
- **Apr 18** - Transfer New Student Enrollment. Come welcome new student veterans to UNL @ 9:30am MVSC
- **Apr 24-28** - Extended Hours in the MVSC 8am—8pm
- **Apr 26** - Student Veteran Graduation Celebration. Come join our graduating student veterans with cake and snacks: 11:00am—2:00pm
- **May 5** - Graduate Commencement Pinnacle Bank Arena @ 3:00pm
- **May 6** - Undergraduate Commencement: Pinnacle Bank Arena @

Deb's Tip of the Month:

Eligible for VA Education Benefits for FALL 2017?

All students must fill out the UNL VA Certification Request form upon your enrollment in classes for FALL 2017.

Fall Certification begins the week of May 22nd.

Thank you and have a great Summer!!

Did you know...

If you are currently serving in the military or you are a veteran, you are eligible to wear a Red-White-Blue Honor Cord at Commencement. Visit the Wick Alumni Center during GradFest on 18 & 19 April from 10am—6pm each day to receive your Honor Cord.

The Military & Veterans Success Center is located in the Nebraska Union on City Campus Rm 16

Hours: Mon-Fri 8am-5pm

vetsuccess.unl.edu

402-472-4130



All— Student Veterans, National

Guard, Reserve & Active Duty, and

Military Dependents & Spouses