



Military & Veteran Success Center April & May 2018

Study Tips for Finals

- Say **NO** to **cramming** and try studying in intervals. Studying in 20-50 minute increments and giving yourself 5-10 minutes in between is proven to work!
- Say **YES** to cardio and **exercise**. Science says just 20mins of cardio can help improve your memory, increase your energy and reduce the effects of stress!
- **Find** alternate **study spaces**. Simply alternating rooms where you study can help a person improve retention; try the library, a study room, coffee house?
- **Create study** and homework **groups** - help each other through discussion groups that create answers to questions for better understanding.
- **Minimize** Distractions (phones & social media) **Maximize** practice - testing.

Betty Walker Memorial Military

Scholarship: DUE: 16 April

Eligibility Requirements:

- ◆ Currently enrolled as a full-time student at UNL
- ◆ Currently serving as either a member of the National Guard or Reserve Component or on Active Duty or received an honorable discharge
- ◆ Must be in good academic standing

Scholarship Value: \$500.00

Applications in the MVSC & vetsuccess.unl.edu

Chemistry Tutor Wanted

The MVSC plans to continue providing FREE tutoring services for the 2018-2019 Academic Year.

We are looking to hire an additional tutor in Chemistry. If you are interested please contact Deb or Darrell

e-mail: vetsuccess@unl.edu

Did you know...

If you are currently serving in the military or you are a veteran, you are eligible to wear a Red-White-Blue Honor Cord at Commencement. Visit the Wick Alumni Center during Grad-Fest on 17 & 18 April from 10am - 6pm each day to receive your Honor Cord.

Deb's Tip of the Month:

Eligible for VA Education Benefits for FALL 2018? All students must fill out the UNL VA Certification Request form upon your enrollment in classes for FALL 2018. Fall Certification begins the week of June 1st. **Thank you and have a great Summer!!**

April & May Events

- **Apr 5** - SVO Mtg 5:00pm NE Union Rm 345
- **Apr 7** - The BIG Event: Volunteer & promote campus & community unity <https://bigevent.unl.edu/>
- **Apr 11** - Learn to Earn: First Data 11:00am—2:00pm MVSC
- **Apr 19** - SVO Mtg 5:00pm NE Union Rm 345
- **Apr 20 & 21** - 60th Annual UNL Rodeo Lancaster Event Center: <https://rodeo.unl.edu/news>
- **Apr 21** - Spring Football Game: Memorial Stadium @ 11:00am
- **Apr 25** - Student Veteran Graduation Celebration. Join us with our graduating student veterans with cake and snacks:: MVSC 11:00am—2:00pm
- **Apr 26** - Transfer New Student Enrollment. Come welcome new student veterans to UNL @ 9:30am MVSC
- **Apr 30** - **FINALS WEEK**
- **May 4 & 5** - Commencement Ceremonies: Pinnacle Bank Arena
- **May 14** - Summer classes begin
- **May 23** - Transfer New Student Enrollment: @ 9:30am MVSC

The Military & Veterans Success Center is located in the Nebraska Union on City Campus Rm 16

Hours: Mon-Fri 8am-5pm

vetsuccess.unl.edu

402-472-4130



All— Student Veterans, National

Guard, Reserve & Active Duty, and

Military Dependents & Spouses